



New Direction

December 15, 2017

Memorial, partner organizations provide diabetes cooking class

Recently we hosted a Cooking Well with Diabetes class as part of our efforts during diabetes awareness month. Memorial teamed up with Texas A&M AgriLife Extension service, Lifestyle Medicine Student Association of SFA and the Healthy Nacogdoches Coalition to host this event. The class showcased methods of healthy and appropriate food preparation, portion control, and encouraged exploration with new food selections. Every person who attended received a cookbook and a free Glucometer. Four recipes were demonstrated by the featured chefs during the program, including Pumpkin Soup, Edamame and Corn Salad, Spinach Lasagna and Amazing Coconut Pie. Attendees were treated to samples of each dish, along with other diabetes-friendly fare prepared by our nutrition services department.



Blood Drive

Gulf Coast Regional Blood Center will be in the Café Conference Room next week for Memorial's quarterly blood drive. If you successfully donate during the holiday blood drive on Wednesday, Dec. 20, you'll receive a free hoodie! You can schedule a donation time by calling ext. 4124, emailing bartonk@nacmem.org or by signing up at the blood drive table in the Bright Café. Donation slots are available from 10:30 a.m. to 2:45 p.m.

The blood center is also featuring their Annual Holiday Hugs campaign. If you donate between now and Dec. 31, at the neighborhood donor center or a mobile blood drive, you will be asked to write a holiday note to a person who will be spending their holidays in the hospital. Your note will be attached to a cuddly teddy bear.



Auxiliary celebrates, awards scholarships at Christmas luncheon

The Memorial Hospital Auxiliary recently gathered for their quarterly meeting and annual Christmas luncheon. The auxiliary awarded their nursing scholarship as well; recipients included Andrea Ortega, Uriel Perez and Angel Blair.

The pot luck luncheon featured holiday favorites like turkey and dressing, cakes, pies and other deliciousness.

Director sponsors scavenger hunt

In preparation for the upcoming survey, Ann Scott, director of nursing, is doing a scavenger hunt for any expired goods in the hospital. If you find anything past its expiration, be sure to bring the item to Ann and receive a free coffee card or meal card. You'll also be entered into a raffle for \$50!



Life insurance tax charged on this check

Full-time staff members carry employer-paid life insurance provided by the hospital; the IRS requires employees to pay taxes on that life insurance once a year, if the insurance is over \$50,000. This tax has been applied to the current payroll, so the Group Term Life (GTL) dollar amount should appear on both the earnings side and the deductions side of your check stub. The dollar amount is calculated based on the employee's age, number of months worked in the year, and the amount of employer-paid life insurance provided.

Nursing advisory council needs your input

The nursing Staff Advisory Committee is a state-mandated committee that allows nurses to have a voice in the issues that they see on a daily basis. Nurses can drive change here at Memorial Hospital by serving on this committee during quarterly meetings. Staff Advisory will deal with patient satisfaction, ways to improve patient safety and quality measures. At least one volunteer from each unit should serve, so all have their voices heard. The next meeting will be in January or February. If you are interested, call Michelle Nash at ext. 8575 or email at nashmi@nacmem.org

Do your compliance training **TODAY!**

We are at almost **87%**.

We need to hit 100% **today** to meet our goal.

If you haven't completed compliance training, please do so **NOW!**

BioMed clarifies repair service range

Things BioMed repairs

- EKG machines
- Defibrillators
- Blood pressure machines
- Pumps (Infusion, PCA, & Syringe)
- Printers (on Central Station Vital Signs)
- Monitors

Things that BioMed does not repair

- Typewriters
- Televisions
- Addressograph machines
- Coffee makers
- Computers (PC/business)
- Hot plates
- Calculators
- Lamps
- Copy machines
- Telephones
- Beds, wheelchairs and stretchers
- Clocks
- Radios (audio equipment)
- Fax machines
- Dictating equipment
- Card readers
- Microfiche equipment
- Paper shredders
- Microwaves

Look for photos from all our
Holiday Festivities
in the next newsletter. Stay tuned!