

New Direction

Celebrate Mardi Gras with Fat Tuesday frolic

Don't hide your crazy, parade it down the hall! The H2O (Home 2 Others) committee will host a Mardi Gras parade on the first floor on Tuesday, Feb. 28 at 2 p.m. starting and finishing in the Auxiliary Conference Center.

The Mistick Krewe of the H2O cordially invites individuals, groups and departments to enter a competition "float" in the Fat Tuesday carnival procession, decorating anything on wheels: carts, IV stands, wheelchairs, office chairs, etc. Remember that purple, gold and green are the traditional colors of Mardi Gras and many Krewes toss beads, candy and trinkets to onlookers.



Because Mardi Gras is called the "Greatest Free Show on Earth!" attendees will also be treated to a cake and punch "gala," a Mardi Gras word search competition and a random employee prize drawing. Hold on to your beads - prizes will be announced soon!

Floats will be judged for showmanship, with first and second place group/department prizes awarded, along with a best dressed individual prize. To enter a float, contact Ashleigh Walton at waltona@nacmem.org or ext. 8505.

Calling all volunteers

On March 31 at 7 p.m., the Nacogdoches Relay for Life will try to unmask the cure for cancer at the annual walk to benefit the American Cancer Society.

Memorial Hospital needs a team captain (or two!) to head up our efforts. If you're interested, call dietary director Paula Cook at ext. 8468 and she will give you the contact info and more details.



The relay will be in the SFASU Coliseum parking lot from 7 p.m. to 1 a.m.

Diaper Derby features 3 team member babies

If you weren't at the Lumberjack game Thursday night, you missed the CUTEST RACE EVER! The first qualifying round of our Diaper Derby was a huge success, thanks in large part to the offspring of Michelle Nash (Baby Morgan), Nisha Josey (Baby Roshni) and Amber Davis (Baby Whitlee).

If you know a crawler born at Memorial, encourage the parents to sign them up for Round 2 by Tuesday at noon. Details @ www.nacmem.org/diaper-derby.com.

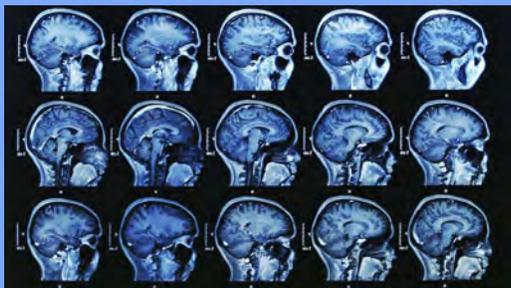


Pick up your Valentine's Day treats @ Bright Café & Coffee Spot!



Nacogdoches Memorial offers two sessions for brain injury training

Team members and physicians will be interested in the two sessions for brain injury training being offered on Tuesday, March 7. The first session will be from 8 a.m. to noon; the second session will be 1 to 5 p.m. Both sessions will be offered in the Auxiliary Conference Center and will be led by a subject matter expert from the Office of Acquired Brain Injury from the Texas Health and Human Services.



Training will cover the basics of brain injury, best techniques to prevent brain injury, and how you can best assist an individual living with a brain injury, whether they are in crisis or just have unmet needs.

To register for the training, please contact Kelle Harrison at 936.564.4611, ext 5036 or email harrisk@nacmem.org.

NMH employees make great 'Jack fans

SFA wants us to honor our breast cancer survivors and cheer on the Ladyjacks at the annual Pink Out game Saturday, Feb. 11, so they are providing Memorial team members FREE admission at the 3:30 p.m. game tomorrow. Just show your badge at the door and you'll get in free, and your family members will get a discount too. As always, any kids 8 and under gets in free.



The Ladyjacks will recognize a few of our breast cancer survivors, including LaChanda Maxie, Dee Holcomb-Williams, Paula Cook and Karen Coulter.

What's your CPR status?

If you're not sure when your CPR certification expires, HR can help you check on that. Everyone involved in patient care has to be certified by the American Heart Association every two years. Memorial offers several monthly classes, just go to the education page on the intranet, and look for the Basic Life Support heading for details and to sign up.

Umbrella Day put some sunshine in 6 employee lives TODAY!

If April showers bring May flowers, what do February umbrella word searches bring?

Umbrellas of course!

Six lucky Memorial team members won umbrellas today, National Umbrella Day, in the Bright Cafe' umbrella word search puzzle competition.

The winners of the six stylish pop-up umbrellas included Caressa Forney, Marilyn Latham, Perla Ramirez, Denice Huback, Yvonne Ballard, and Suzie Butters.

That's great timing for these lucky souls because the weatherman is predicting rain next week!



EMS, Diaper Derby receive shout-outs from the Nacogdoches Daily Sentinel

In a recent edition of the Nacogdoches Daily Sentinel, our EMS and our new Memorial Health Diaper Derby event got a nice boost on the editorial page. See what was said below.

The devastation you see around SFA on Saturday is not real, so please don't overwhelm dispatchers with calls about injured students, crashes and other alarming incidents.

It's part of a day-long disaster drill for Nacogdoches Memorial Hospital EMT students. It is necessary that they receive training in different scenarios before they complete the course.

If you became parents at Nacogdoches Memorial Hospital on any day in 2016, don't forget to enter your young one in the Diaper Derby — an incredibly cute and certainly fun event that pits baby against baby in a race at William R. Johnson Coliseum during halftime of SFA basketball games.

It's a neat thing Memorial does for these children and parents, not to mention that winners receive diapers and formula.

To enter, visit the hospital's Facebook page.