

New Direction

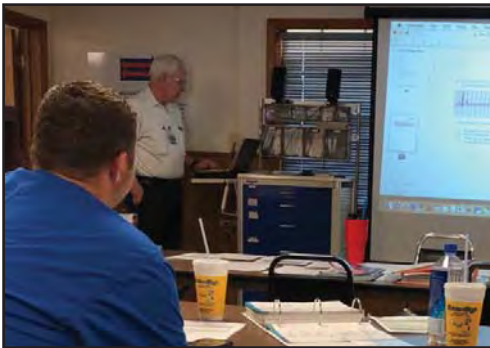
Memorial rocks Senior Center Spring Fling

Memorial recently teamed up with Nacogdoches Senior Center to sponsor the second annual Spring Fling. Staff from multiple departments, along with six volunteers, showed up in force to provide screenings and education to almost 200 seniors who attended the annual fundraising health fair and catfish luncheon. Women's Wellness, cath lab, cardiac rehab, Care First Clinic, trauma/stroke, Bomar Rehab, community health and community relations took time out to market to this important population. Our newest medical staff addition, Dr. Peggy Johnson, was also on hand to meet potential patients and invite them to visit her at the Care First Clinic.



Staff attends pediatric life support instructor class

Recently Forrest King, EMS manager, taught a Pediatric Advanced Life Support (PALS) instructor course to six staffers who will then serve as instructors teaching these skills to their departments. The goal of the course is to help pediatric healthcare providers develop the knowledge and skills needed to effectively manage critically ill infants and children, resulting in improved outcomes. Professional healthcare providers use PALS during the stabilization and transportation phases of a pediatric emergency, in and out of the hospital.



Facelift begins at Bomar

Though plastic surgery is not a service they offer, a much needed facelift has begun at Bomar Rehab. Crews have begun taking down dead trees and foliage and planting fresh flowerbeds. Clients will enjoy a small picnic and grill area, which will also be used for functional therapy sessions for patients about to return to their home setting.



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Sammy Alvy nominated for compassion & community service award

"When you think of Sammy you think of a friend, a funny guy, a Christian...he is family" says Candace Nerren, a former coworker of Sammy Alvy. That sweet regard for Sammy is shared by his coworkers, both current and former, who universally recognize him as a loyal and selfless man, with a primary mission to serve others. His Facebook profile features a quote: "You were born to make an impact." That is a motto that friends and family would say Sammy fully embodies.

Sammy's kind actions and character have led to his nomination by co-workers for the 2018 Dan Wilford Award for Compassion & Community Service. The award recognizes caring, compassionate and humanitarian employees within hospitals served by the Community Hospital Corporation.

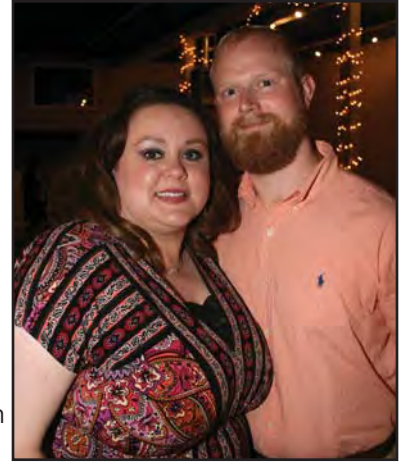
Alvy has been a fully committed nurse at Memorial for 15 years and is currently an RN in the cardiac cath lab. He studied nursing at Panola College and graduated in 2008. He worked his way through college by participating in a work-study program in which the hospital trained him to be an aide. Once he graduated with his nursing degree, he began working in the Memorial emergency room, where a former co-worker recalls he consistently went above and beyond to help all of the patients and nurses during those formative years. "If you were up doing something, Sammy was always right there beside you, wanting to help and to learn whatever he could," recalls Tammy Hanson.

Sammy's attitude has stayed consistent through the years. "He is not only an exceptional nurse and co-worker but an outstanding father and husband," says fellow cath lab nurse, Micah Barnhill.

Alvy and wife Charity have a 9-year-old daughter, Sophie, who seems to be the light of her daddy's world. His face lights up when he talks about how she did during a weekend cheer competition or the 5K run they did together.

"He's an amazing father to our daughter," says Charity. Sammy and Charity both graduated from Cushing High School in 2002. They started dating back in high school and have been married for 13 years. Shortly after Sophie was born, Charity was diagnosed with cancer. Doctors described the cancer as an unclassified spindle cell sarcoma. After many treatments and surgeries, Charity eventually had to have her leg amputated. "During my cancer, chemo and leg amputation, Sammy stuck by my side. He's been fully committed to me and Sophie," Charity said.

Nacogdoches Memorial employees were invited to nominate co-workers who demonstrate remarkable concern for the welfare and happiness of patients, serve a level of commitment to community service beyond the daily operation of the facility, and are consistently people-oriented with a positive effect on others. Memorial nominated Sammy Alvy.



Memorial laboratory celebrates national recognition week

Memorial Hospital laboratory celebrated National Medical Laboratory Professionals Week recently, by having a lab coat decorating contest, solving crossword and word search puzzles, and competing in "minute-to-win-it" games. Hospital pathologist, Dr. Irma Sainz, provided a sandwich and pasta salad lunch; Chief nursing officer Linda Lawson bought doughnuts, kolaches, pizza, and pasta for different shifts; lab director Amanda Horn sponsored a pizza day and the lab staff hosted their own hot dog day, pot luck day and ice cream sundae/float day.

Each day, Amanda recognized the hard work and dedication of her staff with a small token of appreciation and a brief note to say "thank you."

Over 80% of diagnoses are obtained directly from laboratory test results, so our lab professionals play a vital role in ensuring timely, correct diagnoses and in improving patient outcomes.

The lab sends a special thanks to all who helped celebrate the positive impact of their high quality work on Memorial's overall patient care.



Basic Life Support Classes

May 10 May 22
8 a.m. Third floor classroom

Nurse's Week May 7-11

Toll-free Compliance & Ethics Hotline

1.800.427.7240