

New Direction

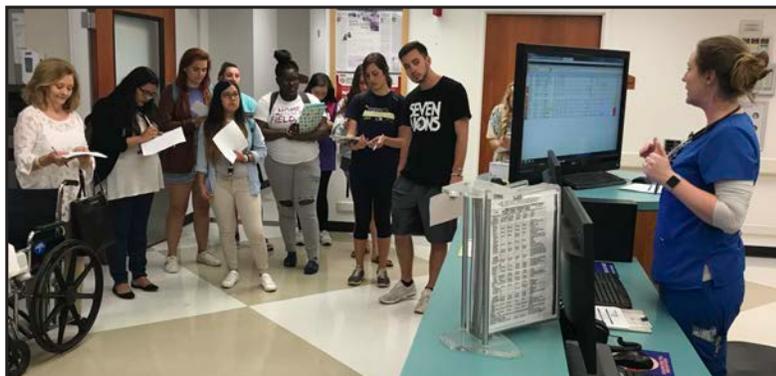
Memorial celebrates our nurses for Nurse's Week

Our Nurse's Week committee worked hard to come up with a variety of activities and treats for nursing staff in celebration of their big week. Nurses and nurse aides enjoyed happy hour at Sonic and the Coffee Spot, free donuts and a pizza dinner, as well as a party featuring a ton of door prizes, but all Memorial employees got to savor the delicious fare during the three days that food trucks set up in Blount Park.



SFA interior design students tour the ER for class project

Recently students from the SFA interior design program toured our emergency department, hoping to get a better understanding of how such a space functions for patients and staff who use it daily. The students were creating their own healthcare designs for a class project under the school of human sciences.



Interested in a career at NMH?

Apply @ <https://www.nacmem.org/careers/all/>
Stop by Human Resources or call 936.568.8543

Texas A&M Agrilife and Memorial wraps up diabetes cooking series

Recently Memorial partnered with Texas A&M Agrilife Extension Service and Healthy Nacogdoches Coalition to host a four-week hands-on cooking series where participants learned to cook diabetes-friendly recipes, then got to taste test the finished products. Participants learned how to cook a variety of different dishes from appetizers to entrees to desserts, including class favorites spinach lasagna, Mexican beef stir fry, applesauce cake and coconut pie.



Tobacco screening will lower premiums

Anyone covered by the hospital's insurance plan and over the age of 18 must pass a tobacco screening in HR to qualify for tobacco-free discounted premiums. The non-tobacco rates will save you between \$80 and \$92, depending on your plan. If you can't make the remaining screening times below, contact Athena at ext. 4668 to set up an appointment.

June 5 (8 a.m. - 8 p.m.) **June 8** (12 - 5 p.m.)

Annual linen sale scheduled in June

(Special Pre-Sale Event - June 18 from 3 - 8 p.m.)

Tuesday, June 19 7 a.m.- 6 p.m.

Wednesday, June 20 7 a.m.- 2 p.m.

Auxiliary Conference Center

Twin & Twin XL **\$30** • Full **\$35** • Queen **\$40**

King & California King **\$45** • Split King **\$50**

Open enrollment ends next week

All full-time employees have to accept or decline their insurance benefits, even if they are keeping the same program as last year, so make sure you renew or make changes

to your benefits during open enrollment. You have until Friday, June 8 to complete the process at: employeenavigator.com/benefits/account/register.

The only way to change your plan outside of the designated open enrollment period is if you have a change in lifestyle status, such as your legal marital status, your number of dependents, or a change in your or your spouse's employment circumstances.

For questions, check with HR or your department director or manager.

